

CHERYL'S NORTHWEST TOURS

CREATIVE EXCURSIONS

CHEHALES GARLIC FEST AND CRAFT SHOW

Antiques & plants too

Chehalis, WA

August 27, 2011

PRICE PER PERSON

\$68

In cooperation with:



Price includes transportation and guide, entry fees and 1 free garlic!

Call for details **206 353-3330**



Chehalis Garlic Fest and Craft Show is Celebrating its 15th year! The Fest is filled with everything garlic, and 20,000 people celebrated last year's event. This year includes -



- One of a kind crafts
- Hand-made art, jewelry, clothing and bath products
- Antiques and vintage treasures
- Plants and nursery stock
- Gourmet food products
- 65 varieties of natural garlic for your cooking or garden
- Wine tasting from over a dozen local wineries,
- Beer Garden, with microbrews – even GARLIC BEER!
- Garlic Cooking Demonstrations

Garlic Fest Guests also enjoy live music and other entertainment, pony rides, kid's activities and more!

We'll leave Seattle at 9:30am and return 4:30pm.

To register on line, go to www.CherylsNorthwestTours.com

From a health standpoint, garlic has been used over the centuries not only for culinary purposes, but also for medicines, and date back as far as the Egyptian Pyramids. It is an exceptional source of manganese and a very good source of B6, and vitamin C. It is believed to promote cardiovascular activity and have a soothing effect on the respiratory system. Garlic has amino acid, which scientists say has antibiotic affects. Maybe this is how it became known by superstitious folks as a protection from vampires!